

# MARIN MEMORIAL DAY RACES 2017

Memorial Day • Monday, May 29, 2017 • 8:00 AM  
PA-USATF 10K Championship



On Monday, May 29, put your training to the test and run one of the top ten fastest 10K courses in the USA: a flat, certified loop that kicks into high gear for a dramatic finish in the College of Marin Stadium. Or challenge yourself to a walk, run, or racewalk on a shorter, also certified, 5K loop. Or bring your 12-and-under kids and your camera for a fun morning of races on the track.

**EVENTS AND START TIMES**

6:30 AM Registration Opens 8:30 AM **Marin 10K Road Race**  
8:00 AM **Don Ritchie 5K Walk/Run** 9:50 AM Awards Ceremony  
8:29 AM 10K Wheelchair Start 10:00 AM Youth Track Race

**BENEFICIARIES**

The **Don Ritchie 5K** is dedicated to the memory of Don Ritchie, a long time Tamalpa Runner and Marin County educator, who died of pancreatic cancer in 2009. The walk/run event is a fund-raiser for pancreatic cancer research at the UCSF Medical Center.

**EXCITING CHAMPIONSHIP EVENT**

The 10K is a part of the USA Track & Field/Pacific Association's Road Grand Prix. PA-USATF athletes are eligible to win cash prizes from a \$3000 prize purse.

**TECHNICAL SHIRTS AND OTHER GOODIES**

All 10k and 5k runners will receive high quality technical shirts with the official etc.) race logo as well as bagels, fruit, drinks, energy bars, and other product samples.

**LOCATION**

College of Marin, Kentfield, CA. From Hwy 101 in Marin, go west 2.5 miles Sir Francis Drake Blvd. toward San Anselmo. Turn left onto College Ave. in Kentfield. Proceed 1/4 mile to race venue. The 5K and 10K start on Kent Ave. The Youth Track Races are held on the track. College of Marin, Kentfield, CA. From

**REGISTRATION & FEES**

**5K and 10K**

Received by 5/15: Over 18 - \$30 18 & Under - \$15  
After 5/15 (including race day): Over 18 - \$35 18 & Under - \$15  
**Youth Track Races** 12 and Under Only - \$5

**IMPORTANT!!!** Clip and complete Entry Form at bottom, sign waiver, and enclose your check. Sorry, no refunds on entry fees. Mail-in entries must be received by 5/26/17. You may **REGISTER ONLINE** via our website at **www.marinraces.com** through 5/26/17. Race day registration begins at 6:30 am on 5/29/17.

**DIVISIONS AND AWARDS**

- **\$3000 Prize Purse**, 10K only. Must have current PA-USATF card to be
- 10K Awards: 12 & Under, 13-18, 19-29, then 5 year age divisions for runners 30 and over. Awards to top Wheelchair and Physically Challenged athletes. *Awards must be picked up on race day!*
- 5K Awards: 12 & Under, 13-18, 19-29, then 10 year age divisions to 80 & over. *Awards are not mailed - they must be picked up on race day!*
- Ribbons to each child in the Youth Track Races

**MORE INFORMATION**

Web: **www.marinraces.com** (REGISTER ONLINE, view course map,

E-mail: **info@marinraces.com**

Race Director: Kees Tuinzing, (415) 595-1307

**SPONSORS:**

**ACHRIVAL** **BANK OF MARIN** **BARTON'S BAGELS**  
Mollie Stone's Market Gatorade Woodlands Market  
The Water Store Sub-40 Water Bottles Hint Water

**MAKE CHECKS PAYABLE TO:** Marin Memorial Day Races

**MAIL TO:** C/O It's About Time/Carmen Toledo  
8404 Locust Place N.  
Dublin, CA 94568

## 2017 Marin Memorial Day Races Entry Form

For Official Use Only

Circle One 10K 5K Youth Track Races  
10K Wheelchair Athlete 10k Physically Challenged Athlete

Last Name  First Name   
Address   
City  State  Zip   
Phone  Sex  Date of Birth  Age Race Day   
Email   
Code  Club or School Name:

2014 PA-USATF Member? (Req'd for Team/Prize Money Eligibility) Circle One: **Y** **N**

WAIVER: The following must be signed to enter the race. If you are under 18, your parent or guardian must sign for you. In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself and my heirs, executors and administrators waive and release forever any and all rights and claims for damages I may accrue against Tamalpa Runners, Road Runners of America, USATF, any and all organizations and or individuals connected with this event, their representatives, successors and assigns for any and all injuries that may be suffered by me in connection with this event including pre- and post-race activities. I certify that I am physically fit, have trained sufficiently for participation in this event and have not been advised otherwise by a qualified medical person. I agree to comply with all race rules and instructions of race officials. I agree to allow my photo to be used for any legitimate purpose by the event holders and or assigns. Parent/Guardian Waiver for Minors. The undersigned parent and natural or legal guardian does hereby represent that he/she is, in fact, authorized to act on behalf of and is acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, claims and damages.

ALL ENTRANTS MUST SIGN WAIVER (Parent/Guardian if Under 18) \_\_\_\_\_ Date: \_\_\_\_\_